



# What Activities Are in Arrowhead?

## Hiking

Do you ever find yourself wondering if you are fit enough to hike a trail? The National Park Service (NPS) utilizes a formula to determine the difficulty of a trail. Using familiar ski run designations from Green to Double Black, our friends from Vail Club 50 (VC50) developed trail descriptions based on the NPS formula. Thanks to VC50 for adapting the descriptions and allowing us to pass along the information. A map of the Arrowhead trails is included in the Welcome Notebook and available at [arrowheadatvail.net](http://arrowheadatvail.net).

### Arrowhead Mountain Trail Designations



Navajo: Green

Cherokee: Green

Ute-Apache: Blue

Mud Springs: Single Black

### Trail Designation Descriptions

	<b>You Are A Green Hiker If:</b> You walk rather than hike
	<b>You Are A Blue Hiker If:</b> You can hike for 3 or 4 hours with rest stops as needed You can hike up to 5 miles round trip You can handle elevation gains of 1,000 or 1,500 feet You may not be totally acclimated to high altitude but you can hike as described above with rest stops as needed
	<b>You Are A Single Black Diamond Hiker If:</b> You can hike up to 5 hours You can hike for up to 5-7 miles round trip You can handle hikes that have elevation gains of over 2,000 feet You can hike at a moderate pace with some stops You are accustomed to the altitude
	<b>You Are A Double Black Diamond Hiker If:</b> You can hike for 6+ hours You can hike for up to 10-12 miles round trip You can handle hikes that have elevation gains of over 2,000 feet You can hike at a good pace with few stops You are accustomed to the altitude